

Carolina Mountain Club

100 Favorite Trails Challenge

Hiker's Name: _____

Phone: _____

Address: _____

Email: _____

Date Completed: _____

CMC Member: YES NO

Certificate and Patch (Circle one): MAIL ANNUAL DINNER

For submittal information see WWW.CarolinaMountainClub.org => Challenges (pulldown menu)
=>100 Favorite Trails Challenge

Number	Hike	Miles	Elev. Gain (ft.)	*CMC #	Date Completed
1	Abrams Falls from Cades Cove	5.0	800		
2	Rich Mtn. Loop in Cades Cove	8.5	2,400		
3	Gregory Bald from Cades Cove	11.0	3,100		
4	Twentymile Loop	8.0	1,400		
5	AT/Lost Cove/Lakeshore Loop	11.6	3,500		
6	Joyce Kilmer Loop	2.0	400	822	
7	AT:Cheoah Bald from Stecoah Gap	11.0	3,200	614	
8	Wayah Bald from Wilson Lick Ranger Station	6.0	1,100		
9	Yellow Mountain	12.9	3,100	373	
10	Glen Falls-Highlands	2.0	500	833	
11	Sunset Rock-Highlands	1.5	225	833	
12	Whiteside Mountain	2.2	1,200	833	
13	Horsepasture River Waterfalls	5.0	1,000	267 var.	
14	Panthertown Valley Loop East	6.0	1,200	311 var.	
15	Pinnacle Park to the Pinnacle	8.0	2,800	847	
16	Oconaluftee River Trail	3.0	100	932	
17	Mingus Creek and Cemeteries	4.2	700	932	
18	Deep Creek Waterfalls Loop	5.5	1,200		
19	Lakeshore Loop from the Tunnel	9.4	1,400	516	
20	Andrews Bald	3.6	850		

Number	Hike	Miles	Elev. Gain (ft.)	*CMC #	Date Completed
21	Silers Bald	9.5	2,800	697	
22	Chimney Tops	3.5	1,600		
23	Mount LeConte via Alum Cave	10.0	2,800	572	
24	Walker Sisters Home from Metcalf Bottoms	4.0	200		
25	Porters Creek Trail	7.4	1,600	454	
26	Ramsey Cascades	8.0	2,500	33	
27	Charlies Bunion from Newfound Gap	8.0	2,000	119	
28	Smokemont Loop	6.5	1,700	642	
29	Mt. Cammerer from Davenport Gap	11.8	3,200	762	
30	Big Creek to Walnut Bottom	11.0	1,300	49	
31	Mt. Sterling via Baxter Creek	12.4	4,200	503	
32	Little Cataloochee Trail to Church	8.5	1,800		
33	Woody House in Cataloochee	2.0	400		
34	Boogerman Trail	8.0	1,200	273	
35	Rough Fork/Caldwell Fork/Big Fork Ridge Loop	9.6	1,650	372	
36	Cataloochee Divide to Purchase Knob	10.5	2,300	862 var.	
37	Hemphill Bald from Polls Gap	9.8	2,000	95	
38	MST: Woodfin Cascades to Waterrock Knob	10.4	2,300		
39	AT: Max Patch Loop	4.5	1,100	453	
40	AT: Lemon Gap to Max Patch	10.8	1,600	89	
41	AT: Lover's Leap Loop	5.0	1,250		
42	AT: Tanyard Gap to Rich Mountain Fire Tower	5.2	1,450	325	
43	Laurel River Trail	7.0	750	101	
44	Hickey Fork to Camp Creek Bald	9.0	2,643		
45	Rocky Fork State Park (Whitehouse Cliffs-Rocky Fork Loop Hike suggested)	9.4	2,014	924	
46	AT: Big Bald from Sams Gap	13.0	3,400	548	
47	Cold Mountain	10.4	3,400	113	
48	Mount Pisgah	3.0	750	29	
49	Shining Rock from Black Balsam	9.7	1,600	337	
50	Black Balsam/Tennant Mountain Loop	6.3	1,200		

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51	Sam Knob Loop	4.0	1,200	465 var.	
52	Graveyard Fields Loop	4.3	900	478	
53	Sam Knob/Devils Courthouse	9.0	1,800	242	
54	Shuck Falls via Daniel Ridge	9.9	1,900	62	
55	Daniel Ridge Loop	4.2	800		
56	Looking Glass Rock	5.8	1,800	35	
57	Pilot Mountain Loop	7.0	2,500	60	
58	Butter Gap/Long Branch Loop	10.0	1,900	592	
59	Butter Gap/Cat Gap Loop	8.5	1,900	584	
60	Bracken Mountain/Brushy Creek	7.8	1,400	778	
61	John Rock Loop	5.8	1,400	172	
62	Coontree Loop	3.7	1,000	102	
63	Twin Falls Loop	6.0	1,000	347	
64	Cantrell Lodge from Turkey Pen	8.5	800	632	
65	Avery Creek/Twin Falls Loop	9.5	2,000	444 var.	
66	Club Gap to Clawhammer Mountain	8.0	2,000	406	
67	Pink Beds Loop	5.0	350	168	
68	DuPont State Forest: Bridal Veil Falls	7.0	1,000	236 var.	
69	DuPont State Forest: Three Falls Loop	5.0	700	867 var.	
70	Carl Sandburg Home Loop	4.0	800	316	
71	Green River Game Land Loop	9.0	1,000	281	
72	Green River Cove to Pulliam Creek Trail	6.2	1,000	182 var.	
73	Coffee Pot Loop	8.0	1,400	246	
74	Hard Times/Bent Creek Loop	5.0	750	324	
75	MST/Lake Powhatan	11.0	1,625	589 var.	
76	Florence Preserve	5.0	1,500	511 var.	
77	Trombatore Trail	5.3	1,253	964	
78	Folk Art Center to Lunch Rocks	5.0	850	346	
79	Catawba Falls	2.5	400	587	
80	Kitsuma Peak via Youngs Ridge	10.0	1,550	278	
81	Lookout Rock Loop	3.2	1,200	553 var.	

Number	Hike	Miles	Elev. Gain (ft.)	*CMC #	Date Completed
82	Graybeard Mountain	9.5	2,450	72	
83	Rattlesnake Lodge from Bull Gap/Ox Creek	4.4	850	9	
84	Craggy Gardens	4.1	1,500		
85	Balsam Gap to Graybeard Overlook	7.4	2,000	464	
86	Little Butt/Big Butt from Balsam Gap	6.0	2,000	68	
87	Mt. Mitchell Loop	4.2	1,300	365 var.	
88	Mt. Mitchell and Commissary Ridge	7.0	1,800	343	
89	Green Knob Tower from Black Mountain Campground	6.0	2,500	199	
90	Crabtree Falls	3.5	700		
91	Shortoff Mountain from Wolfpit Road	3.4	1,200		
92	Table Rock and the Chimneys	3.0	750		
93	Linville Gorge-Hawksbill Mountain	2.1	700		
94	Linville Falls	2.5	900		
95	Tanawha Trail-Linn Cove to Rough Ridge	4.5	1,600		
96	Boone Fork Loop	5.0	650		
97	Grandfather Profile Trail	6.2	2,300		
98	Grandfather Trail***	4.8	2,100	477 var.	
99	AT: Hump Mountain from Roaring Creek	8.5	2,500	475	
100	AT: Grassy Ridge from Carvers Gap	5.5	1,100	566 var.	
	Total Miles	671.4			
*	*CMC hikes with "var." are variations of the hikes on the 100 Favorite Trails map. For the challenge follow the trail description on the map.				
**	Alternate hike for #77 (if applicable)				
***	Alternate hike for #98 (if applicable)				